

INDUCTION PROGRAMME FOR FRESHERS: 3 - DAY YOGA CAMP FOR FIRST YEAR B.TECH. STUDENTS

As a part of ongoing Induction Programme, a 3-day Yoga Camp was organised by GKCEM for the First Year B.Tech. Students.

Ms. Mita Mukherjee, Associate Instructor of " Swami Santdas Institute of Culture" conducted the training session and gave exposure to various "Asanas" which can be practiced by the students at home for physical and mental wellbeing.

Few glimpses of the programme are annexed.

